# Afterglow (P)



Count: 40 Wall: 0 Level: Partner

Choreographer: Lois Lightfoot (UK)

Music: Afterglow - The Bellamy Brothers

Position: Side By Side Position

# WALK FORWARD, SHUFFLE FORWARD, CROSS ROCK, SHUFFLE 1/4

1-2 Step forward onto right foot, step forward on left foot

Step right foot forward, step left ext to right, step right foot forward Cross rock left over right foot, recover weight onto right foot

Dropping left hands & bring right hands over lady's heads

7&8 Step left foot back making a 1/4 turn to left, step right to left, step left to side

## CROSS ROCK, SHUFFLE 1/4, WALK FORWARD, SHUFFLE FORWARD

9-10 Cross rock right over left foot, recover weight onto left foot Bring right hands over lady's head as you turn, then rejoin into side by side

11&12 Step right to side making a ¼ turn to right, step left next to right, step right forward

13-14 Step forward on left foot, step forward on right foot
15&16 Step left forward, step right next to left, step left forward

#### CROSS ROCK SHUFFLE 1/4, CROSS ROCK, SHUFFLE SIDE

17-18 Cross rock right over left, recover weight onto left foot

19&20 Step right back making ¼ turn to right, step left to right, step right to side

21-22 Cross rock left over right, recover weight back onto right

Step left foot to side, step right next to left, step left next to right

# **WEAVE LEFT, TOUCH & HOLDS**

25-26 Cross right foot over left foot, step left foot to side
 27-28 Cross right foot behind left foot, step left foot to side
 29-30 Touch right foot forward & hold for one beat
 31-32 Touch right foot to side, & hold for one beat

# CROSS ROCKS, SHUFFLE 1/4, PIVOT 1/2, SHUFFLE FORWARD

33-34 Cross rock right over left, recover weight onto left foot

35&36 Step right to side making ¼ turn to right, step left to right, step right forward Dropping left hands bring right hands over man's & then lady's heads back onto side by side

37-38 Step left foot forward, pivot a ½ turn to right

39&40 Step left foot forward, step right to left, step left foot forward

## **REPEAT**